Mediastinal paragangliomas: association with mutations in the succinate dehydrogenase genes and aggressive behavior

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Abstract

Extra-adrenal pheochromocytomas, otherwise known as paragangliomas (PGLs), account for about 20% of catecholamine-producing tumors. Catecholamine excess and mutations in the genes encoding succinate dehydrogenase subunits (SDHx) are frequently found in patients with PGLs. Only 2% of PGLs are found in the mediastinum, and little is known about genetic alterations in patients with mediastinal PGLs, catecholamine production by these tumors, or their clinical behavior. We hypothesized that most mediastinal PGLs are associated with germ line SDHx mutations, norepinephrine and/or dopamine excess, and aggressive behavior. The objective of this study was to characterize genetic, biochemical, and clinical data in a series of ten patients with mediastinal PGLs. All ten primary mediastinal PGL patients had germ line SDHx mutations, six in SDHB, and four in SDHD genes. Chest or back pain were the most common presenting symptoms (five patients), and catecholamines and/or their metabolites were elevated in seven patients. Additional tumors included head and neck PGLs in four patients, pheochromocytoma in one patient, and bladder PGL in another. Metastatic disease was documented in six patients (60%), and a concurrent abdominal mass was found in one patient. We conclude that mediastinal PGLs are strongly associated with SDHB and SDHD gene mutations, noradrenergic phenotype, and aggressive behavior. The present data suggest that all patients with mediastinal PGLs should be screened for SDHx gene mutations, regardless of age.

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Introduction

About 20% of catecholamine-producing tumors are derived from extra-adrenal chromaffin tissues and are termed paragangliomas (PGLs; Lenders et al. 2005). PGLs arise from chromaffin cells associated with sympathetic tissues. PGLs are found mostly in the abdomen, less commonly in the pelvic sympathetic plexus of the urinary bladder, and rarely in the mediastinum (Pacak et al. 2006).

PGLs may occur sporadically or as part of a hereditary syndrome. Multiple endocrine neoplasia type 2, neurofibromatosis type 1, and von Hippel–Lindau syndrome
are familial syndromes that predominantly predispose to adrenal pheochromocytomas. By contrast, mutations in the genes encoding succinate dehydrogenase (SDH) subunits B, C, and D cause extra-adrenal PGLs associated with familial PGL syndromes PGL4, PGL3, and PGL1 respectively (Baysal et al. 2000, Niemann & Muller 2000, Astutti et al. 2001). Germ line SDHB mutations are mainly associated with abdominal PGLs having aggressive and malignant behavior (Gimenez-Roqueplò et al. 2003, Neumann et al. 2004, Benn et al. 2006, Timmers et al. 2007, 2008). By contrast, germ line SDHD mutation carriers are frequently diagnosed with benign and often non-functional head and neck PGLs and/or pheochromocytomas. SDHD-associated malignant disease is considered rare (Benn et al. 2006, Havekes et al. 2007, Timmers et al. 2007). PGLs caused by germ line SDHB mutations show hypersecretion of both norepinephrine and dopamine in 46% and norepinephrine alone in 41% of cases (Timmers et al. 2007), whereas hypersecretion of norepinephrine appears to be most prevalent in SDHD-associated disease (van Houtum et al. 2005; unpublished data Havekes).

Approximately, 100 cases of mediastinal PGLs have been reported in the literature to date (Lamy et al. 1994, Bouchouch et al. 2007, Leshnower et al. 2007, Paul et al. 2007, Ramos et al. 2007, Kim et al. 2008), and 30% are associated with elevated catecholamines or metanephrines (Dunn et al. 1986, Pacak et al. 2006). About 5–20% of mediastinal PGLs are malignant, but this estimate derives from a small series with divergent data (Mader et al. 1997, Sandur et al. 1999, Kim et al. 2008). Based on the data for PGLs in other sites, we hypothesized that most mediastinal PGLs are associated with germ line SDHx mutations, norepinephrine and/or dopamine excess, and aggressive behavior. We prospectively and retrospectively identified ten patients with mediastinal PGLs, screened them for mutations in SDHB and SDHD genes, characterized their biochemical features, and determined the prevalence of malignant disease in this cohort. These data allow us to define the biology of mediastinal PGLs and to formulate recommendations for clinicians about the approach to these patients.

**Patients and methods**

Patients in this PGL series derive from Parkland Memorial Hospital, Dallas, Texas; the National Institutes of Health (NIH), Bethesda, Maryland; the Leiden University Medical Center, Leiden, The Netherlands; and the Department of Medicine in Košice, Slovak Republic. All patients gave written and informed consent for genetic testing as approved by the institutional review board of each respective institution. Records of all patients enrolled in the NIH pheochromocytoma protocol were considered for inclusion. All of the patients with radiological and/or histopathological evidence of mediastinal PGLs, who could be studied by the investigators at these centers, were included in this survey.

Cases 1 and 2 were retrospectively and prospectively studied respectively, at Parkland Memorial Hospital. A total of six unrelated patients with a history of PGL were identified at the NIH and included in this retrospective study (patients 3–8). All of these patients were referred to the NIH for an outline of an optimal plan for (suspected) PGL. Patient 9 was retrospectively identified with a history of mediastinal PGL at the Leiden University Medical Center in Leiden, the Netherlands. Patient 10 was prospectively identified at the Department of Medicine in Košice, Slovak Republic. Patient characteristics are summarized in Table 1.

**Case reports**

**Case 1**

A 27-year-old African–American woman with a history of mediastinal PGL resected at the age of 21 presented with severe hypertension and palpitations. She developed recurrent non-radiating chest pain followed by gait abnormalities several months later. Computed tomography (CT) scan of the abdomen and lumbar spine revealed a 2.5 cm enhancing mass in the retroperitoneum, adjacent to the left psoas at the level of the aortic bifurcation. An [111In]pentetreotide scan showed a recurrence of the T4 vertebral body lesion but no uptake in the psoas mass. Chest CT showed a 2 cm heterogeneous mass at the T4 vertebral body with extension into the spinal canal as well as extensive bony destruction of T4. Plasma normetanephrine levels were elevated and metanephrine levels were normal. After adequate α- and β-adrenergic blockade, the patient underwent a preoperative embolization of the tumor, followed by a lateral extracavitary resection of her recurrent mediastinal and spinal PGLs. Resection of the psoas lesion demonstrated another PGL. Six and twelve months post-surgery, her plasma normetanephrine level was normal, and she was no longer hypertensive. Genetic testing revealed an SDHB mutation (c.725G>A, p.Arg242His) and radiation therapy was started. Her mother was found to be an asymptomatic carrier of this mutation. One year after the diagnosis of recurrent PGL, her plasma normetanephrine level is still normal.
<table>
<thead>
<tr>
<th></th>
<th>Gender, age&lt;sup&gt;a&lt;/sup&gt; (years)</th>
<th>F/U (years)</th>
<th>Mutation</th>
<th>Biochemistry (fold normal)</th>
<th>Presenting symptoms</th>
<th>Primary mediastinal tumor</th>
<th>Other PGL/Pheo</th>
<th>Therapy</th>
<th>Outcome</th>
</tr>
</thead>
<tbody>
<tr>
<td>1</td>
<td>F, 18</td>
<td>7</td>
<td>SDHB, R242H</td>
<td>NM (4×)</td>
<td>Hypertension, palpitations, chest pain</td>
<td>T4 vertebral body (2.5 cm), recurrent disease</td>
<td>No</td>
<td>Thoracotomy, XRT</td>
<td>Five years to metastasis, psoas</td>
</tr>
<tr>
<td>2</td>
<td>F, 60</td>
<td>1</td>
<td>SDHB, G96D</td>
<td>NM (11×)</td>
<td>Chest pain, upper back pain, weight loss, hypertension</td>
<td>T5–T7 vertebral body (7.5 cm), epidural space, thoracic wall, paraspinal muscle lumpectomy</td>
<td>No</td>
<td>Surgical removal</td>
<td>Stable disease</td>
</tr>
<tr>
<td>3</td>
<td>M, 25</td>
<td>7</td>
<td>SDHB, R46X</td>
<td>Normal</td>
<td>Chest pain</td>
<td>Posterior mediastinal mass, left paraspinal muscle T2–T3 (3.5 cm)</td>
<td>No</td>
<td>Surgery paraspinal mass, XRT, lobectomy, thoracic corpectomy, decompression, fixation T1–T5</td>
<td>Four years to metastasis, superior mediastinum, spine, sternum, scapula</td>
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<tr>
<td>4</td>
<td>M, 45</td>
<td>9</td>
<td>SDHD, c.170-1G &gt; T</td>
<td>NM (2.6×)</td>
<td>Weakness, palpitations, headaches, hypertension</td>
<td>Middle mediastinal mass (6 cm) with compression right main pulmonary artery</td>
<td>HNP</td>
<td>Embolization, partial resection</td>
<td>One year to recurrent disease, meta lung, subarachnoid lesion, proximal rib</td>
</tr>
<tr>
<td>5</td>
<td>M, 26</td>
<td>4</td>
<td>SDHB, R46Q</td>
<td>Normal</td>
<td>Low back pain, hypertension</td>
<td>Left superior mediastinum (15.6 cm) right superior paratracheal region inferior right paratracheal lymph nodes</td>
<td>PGL abdomen</td>
<td>Surgery abdominal mass six cycles etoposide/-cisplatin octreotide</td>
<td>Necrotic mass, L4, extending in pelvis, 1 year to metastases L3 and L4 and lymph nodes</td>
</tr>
<tr>
<td>6</td>
<td>M, 19</td>
<td>19</td>
<td>SDHD, L20C tsX66</td>
<td>NM (2×)</td>
<td>Hemodynamic instability during HNP surgery</td>
<td>Paratracheal mass (2 cm)</td>
<td>HNP Pheo</td>
<td>Carotid body removal right, adrenalectomy right, XRT (HNP), 12 cycles CVD, 131I-MIBG-therapy</td>
<td>Fifteen years to recurrence to mediastinum, Meta left ilium</td>
</tr>
<tr>
<td>7</td>
<td>F, 36</td>
<td>6</td>
<td>SDHB, R46X</td>
<td>NM (3.5×) DA (1.9×)</td>
<td>Chest discomfort, hypertension, palpitations, pre-syncope associated with urination</td>
<td>Posterior mediastinal mass next to esophagus, posterior wall left atrium (2.9 cm)</td>
<td>PGL bladder</td>
<td>Partial cystectomy, re-operation (negative), surgery mediastinal PGL</td>
<td>Stable disease</td>
</tr>
<tr>
<td>8</td>
<td>F, 50</td>
<td>6</td>
<td>SDHD, P81L</td>
<td>Normal</td>
<td>Upper respiratory symptoms, new-onset hypertension</td>
<td>Aorto-pulmonary window, left and right hilus (3.3 cm), pulmonary nodules</td>
<td>HNP</td>
<td>Pending</td>
<td>Meta lung, mediastinum, 6 years later being evaluated for new-onset hypertension</td>
</tr>
<tr>
<td>9</td>
<td>M, 41</td>
<td>1</td>
<td>SDHD, D92Y</td>
<td>VMA (1.3×)&lt;sup&gt;b&lt;/sup&gt; DA (1.1×)&lt;sup&gt;b&lt;/sup&gt;</td>
<td>Excessive perspiration</td>
<td>Two masses in aorto-pulmonary window (1 cm)</td>
<td>HNP</td>
<td>Watch-and-wait</td>
<td>Stable disease</td>
</tr>
<tr>
<td>10</td>
<td>M, 18</td>
<td>1</td>
<td>SDHB, c.286+2T &gt; A</td>
<td>NM (10×)</td>
<td>Hypertension</td>
<td>Mass in posterior mediastinum (9 cm), growth into T5</td>
<td>No</td>
<td>Surgery (incomplete)</td>
<td>Stable disease</td>
</tr>
</tbody>
</table>

Mean (range) 34 (18–60)

F/U, follow-up; NM, normetanephrine; DA, dopamine; VMA, vanillyl mandelic acid; T, thoracic; L, lumbar; XRT, radiotherapy; Meta, metastasis; CVD, cyclophosphamide, vincristine, dacarbazine; HNP, head and neck paraganglioma; PGL, paraganglioma; Pheo, pheochromocytoma.

<sup>a</sup>Age at diagnosis.

<sup>b</sup>Urine measurement.
**Case 2**

A 60-year-old Asian-Indian woman with a history of well-controlled hypertension and type 2 diabetes presented with complaints of worsening upper back pain, vague complaints of chest wall pain, and unintentional 25 kg weight loss over the preceding 6 months. A chest radiograph and later magnetic resonance imaging (MRI) revealed a 7.3 cm mass likely
arising from the posterior mediastinum (Fig. 1A). Subsequently, chest CT (Fig. 1B) and MRI of the T-spine (Fig. 1C and D) showed a large left posterior mediastinal mass measuring 5.4 x 5.2 cm with heterogeneous enhancement and central cystic/necrotic changes. The mass involved the left aspect of T5 and the majority of the T6 vertebral bodies, but PGL was not suspected. Fine needle biopsy of the mass was consistent with PGL, and plasma normetanephrine was elevated. After α-adrenergic blockade, she was treated with two percutaneous embolizations followed by a two-stage resection of the mass using a T6 laminectomy and spine fusion from T3 to T9. Family history was negative for PGLs and pheochromocytomas. Genetic testing revealed an SDHB mutation (c.287G > A, p.Gly96Asp) at the junction of exons 3 and 4.

Case 3
A 25-year-old man was evaluated for a sharp pain on the left side of the chest. A posterior mediastinal mass was found on a chest X-ray. CT and MRI scans revealed a left paraspinal (T2–T3) mass. The left paraspinal mass was removed together with a partial resection of the T2 and T3 vertebrae. Histopathology revealed PGL cells with microvascular invasion. After surgery, he was treated with local radiotherapy and followed with periodic CT scans. Four years later, a 1.0 x 1.2 cm nodule in the right middle lobe was detected, which had increased in size from previous CT scans. ([18F]Fluoro-deoxyglucose positron emission tomography ([18F]FDG PET) tumor imaging showed uptake in the left sternum, scapula, right lower lung zone, left lung apex, posterior mediastinum, superior mediastinum, and thoracic spine. A lobectomy with lymph node extirpation was performed, and histopathology revealed PGL cells. A year after lobectomy and 6 years after his initial presentation, new pulmonary, thoracic spine, and paraspinal masses of ~2.2 cm were detected in the area of T3 and T4 vertebrae. He underwent a partial thoracic corpectomy, as well as a posterior thoracic decompression and fixation of T1–T5 with an iliac crest bone graft. Histopathology revealed a PGL with areas of necrosis. Family history was negative for both PGLs and pheochromocytomas. Plasma metanephrine levels, first measured 5 years after diagnosis, have been normal. Genetic analysis revealed an SDHB mutation (c.136C > T, p.Arg46Stop).

Case 4
A 45-year-old male patient was diagnosed with bilateral carotid body tumors, which he first noted while shaving as a mass in his right neck. Without further preoperative investigations or treatment, he underwent surgery with no hemodynamic problems. After the operation, however, he developed an irregular heart rhythm and resistant hypertension. Complaints of weakness, palpitations, and panic attacks led to a cardiac stress test that revealed dysrhythmias. A mediastinal tumor was found on chest X-ray, but PGL was not suspected. The mass was further localized by CT, and a biopsy revealed PGL cells. An embolization and partial tumor resection were performed due to localization adjacent to major vessels, esophagus, and trachea. A year later, repeat chest CT scan revealed a mediastinal mass of ~6 x 5 cm with compression of the right main pulmonary artery. He was referred to the NIH for further evaluation and therapy. His plasma normetanephrine levels were elevated. Imaging revealed multifocal PGL disease with recurrence of the carotid body tumor, a large mediastinal mass adjacent to the left atrium, metastatic lung lesions, and a mass in the left suprarenal area. Family history was positive for head and neck PGLs. Genetic analysis for germ line mutations revealed an SDHD mutation (c.170-1G > T, splice site mutation).

Case 5
A 26-year-old man complained of progressive lower back pain after exercise. A CT scan showed a large enhancing necrotic retroperitoneal mass measuring 13.4 x 8.5 x 15.6 cm, metastatic lesions in L3 and L4, a 3.1 x 2.5 cm in diameter lesion in the superior right...
paratracheal region, a 3.4×2.5 cm in diameter lesion within the left superior mediastinum, and multiple enlarged lymph nodes. All of his plasma metanephrine levels were normal. A biopsy revealed no conclusive diagnosis. His plasma catecholamine levels and their O-methylated compounds were all normal. He underwent an uncomplicated surgical removal of the abdominal mass, which proved to be PGL on histopathology. He was treated with six cycles of etoposide and cisplatin chemotherapy with limited effect, followed briefly by octreotide. Follow-up revealed persistent masses in the left and right superior mediastinal area, lower abdomen, retroperitoneal region, L3–L4 vertebrae, and the right humerus. Plasma catecholamine levels remained normal, but chromogranin A was elevated. Follow-up studies 1 year later revealed stable disease. Family history was negative for PGLs and pheochromocytomas. Genetic analysis revealed an SDHB mutation (c.137G>T, p.Arg46Gln).

Case 6
A 19-year-old male initially presented in with hematemesis. He was found to have a gastric leiomyosarcoma (gastrointestinal stromal cell tumor or GIST), which was resected. Two years later, a right carotid body tumor was diagnosed and removed. He subsequently developed elevated catecholamines and hypertension due to a pheochromocytoma in the right adrenal gland, which was surgically removed as well. On additional imaging studies, a paratracheal mass and a left glomus jugulare tumor were identified, and the latter was treated with radiation therapy (4000 cGy). Thirteen years after his initial episode of hematemesis, he presented himself to the NIH for further evaluation of PGL. A chest and abdominal CT scan showed a mass in the left superior mediastinum and abdominal metastases including lesions in the liver, with similar \(^{123}\text{I}\text{MIBG}\) uptake. Urinary biochemistry revealed increased levels of norepinephrine, vanillyl mandelic acid (VMA), and normetanephrine. He was treated with 12 cycles of cyclophosphamide, vincristine, and dacarbazine under continuing \(\alpha\)-adrenergic blockade with prazosin. \(^{18}\text{F}\text{FDG PET}\) showed uptake in the paratracheal mass with intense activity, a focus in T8 vertebra, two abdominal masses, and six liver lesions. The patient was treated with \(^{131}\text{I}\text{MIBG}\). Presently, there is stable metastatic disease with a suspect 2 cm lesion in the left ilium. Plasma normetanephrine levels remain elevated. Family history was negative for PGLs and pheochromocytomas. Genetic analysis revealed an SDHD mutation (c.57delG, p.Leu20Cys-fs-Stop66), and some children have subsequently tested positive for this mutation.

Case 7
A 36-year-old female patient complained of episode of hematemesis, palpitations, chest discomfort, pre-syncpe and shortness of breath, particularly associated with urination, for a few years. Biochemical and imaging studies revealed a 0.4×4.0 cm pheochromocytoma located in the anterior urinary bladder, which was removed. After surgery, catecholamine levels remained elevated, and chest MRI revealed a mediastinal mass with a diameter of 2.3 cm next to the esophagus. Although \(^{123}\text{I}\text{MIBG}\) scintigraphy revealed no definite abnormalities, \(^{18}\text{F}\text{FDG PET}\) and \(^{111}\text{In}\text{pentetreotide}\) both showed uptake in the same area of the posterior mediastinum. An echocardiogram localized this 2.9×2.2×2.4 cm mass to the posterior wall of the left atrium adjacent to the right lower pulmonary vein. Plasma normetanephrine and dopamine levels were elevated. The intracardiac PGL was surgically removed. Follow-up imaging has not shown persistent or recurrent disease, and catecholamines remain normal. Family history was negative for PGLs, but genetic testing revealed an SDHB mutation (c.136C>T, p.Arg46Stop).

Case 8
A 50-year-old woman was referred to the NIH with suspected metastatic PGL. Right and left carotid body tumors had been removed at the ages of 19 and 30 respectively. She did well until she experienced one episode of palpitations, anxiety, and headache, 1 year prior to presentation. Chest X-ray for upper respiratory symptoms showed a mass in the mediastinum. CT and MRI revealed lesions in the left neck, the AP window (2.8 cm), the left hilus (3.3 cm), and the right hilus (3 cm), plus multiple parenchymal lung nodules. Her plasma catecholamine and metanephrine levels were within normal limits. The mediastinal and neck lesions were found to be positive on \(^{18}\text{F}\text{fluorodopamine PET}\) and \(^{111}\text{In}\text{pentetreotide imaging}\). Because of stable asymptomatic disease, a watch-and-wait management was chosen, but hypertension and palpitations developed 6 years later. Progressive multilevel metastatic disease was found on \(^{18}\text{F}\text{FDG PET}\) and \(^{18}\text{F}\text{fluorodopamine imaging}\) with the known mediastinal lesion, four additional lesions in the mediastinum, four lung lesions, and a suspected lesion in the sacrum. Family history was positive for carotid body tumor in a brother. Genetic analysis revealed an SDHD mutation (c.242C>T, p.Pro81Leu).
Case 9
A 41-year-old man was diagnosed with bilateral head and neck PGLs after an analysis for hearing loss and tinnitus. Besides excess sweating, no paroxysms or other complaints were mentioned. Physical examination revealed no further abnormalities. Twenty-four-hour urine collection revealed elevated VMA, without elevation of other catecholamines; metanephrines were not measured. [123I]MIBG scintigraphy showed no pathological uptake. Abdominal MRI identified a 1 cm nodule in the left adrenal consistent with an adenoma. Chest CT revealed two ~1 cm hypervascular lesions in the aorto-pulmonary window, suspicious of PGL. [111In]pentetreotide scan and [18F]fluorodopamine PET scan revealed increased uptake in these lesions. Family history was negative for pheochromocytoma or PGL. Subsequent genetic analysis revealed an SDHD gene mutation (c.274G>T, p.Asp92Tyr). Given the lack of symptoms, the reported low risk for malignant disease with SDHD mutations, and considerable risks of surgery, a watch-and-wait strategy was chosen.

Case 10
An 18-year-old man was admitted to the hospital with a blood pressure of 220/120 mmHg. Plasma normetanephrine levels were found to be ten times elevated, and pheochromocytoma was strongly suspected. On CT and [123I]MIBG imaging, a 9×7×5 cm tumor was found in the posterior mediastinum with growth into T5 vertebra. An operation was performed with incomplete tumor removal, and histopathology showed PGL. Family history revealed that his father died suddenly and had head and neck PGLs. Genetic analysis revealed an SDHB mutation (c.286C>T, p.Ser96Leu). Given the lack of recurrence, the reported low risk for malignant disease with SDHB mutations, and considerable risks of surgery, a watch-and-wait strategy was chosen.

Discussion
Only 2% of PGLs are found in the mediastinum (Pacak et al. 2006), and their associated genetic alterations, biochemical features, and clinical behavior have not been systematically characterized. The major new finding in this report is that all ten patients with mediastinal PGLs were associated with germ line mutations in either SDHB or SDHD. Of these ten patients, at least 60% developed metastatic disease, indicating that these tumors are often aggressive and should be carefully followed. Furthermore, we found that chest or back pain and norepinephrine excess are common in patients with mediastinal PGLs, and high metabolic activity was demonstrated by [18F]FDG PET in cases 3, 6, and 7. We conclude that all patients with mediastinal PGLs should be screened for germ line SDHx mutations, regardless of age.

Carriers of the germ line SDHD mutations often present with multifocal head and neck PGLs (Benn et al. 2006). Germ line SDHB mutations predispose patients to extra-adrenal PGLs, often in the abdomen, and to metastatic disease in 30–50% (Neumann et al. 2004, Timmers et al. 2007). We reasoned that mediastinal PGLs might provide insight on how germ line SDH mutation and anatomic location each contribute to their clinical behavior. We found that the SDHB-associated mediastinal PGLs involved metastatic disease (cases 1, 3, and 5) as expected, but we also found two cases of SDHB associated PGLs to have multifocal disease (cases 5, 7). By contrast, all of the SDHD-associated mediastinal PGLs involved multifocal tumors as expected, yet 75% of the patients also suffered from metastatic disease as well (cases 4, 6, and 8). Consequently, the presence of a mediastinal PGL may identify patients with aggressive PGL syndromes, both with germ line SDHB and SDHD mutations (Table 2). In comparison, intra-abdominal PGLs are malignant in about a third of cases, particularly with SDHB mutations, and multifocal disease is present in 15–40% of cases (O’Riordain et al. 1996, Pacak et al. 2006). During the submission of this manuscript, a series of 14 mediastinal PGLs was reported, also showing a high prevalence of metastatic or recurrent disease (Brown et al. 2008). This study included two cases of Carney triad and three with a family history of PGL; however, germ line SDHx mutations were only characterized in two of these three cases and not in the remaining ten patients. Half of our patients presented with an age <30 years old, which is typical of PGL syndromes, but others were 50–60 years old. A convincing family history of PGL was present in only 30%, reinforcing the variable

Table 2 Comparison of paragangliomas (PGL) characteristics by location and succinate dehydrogenase subunits (SDHx) mutations

<table>
<thead>
<tr>
<th>Gene</th>
<th>SDHD Location</th>
<th>SDHB Location</th>
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</thead>
<tbody>
<tr>
<td>Location</td>
<td>Head/neck</td>
<td>Mediastinum</td>
</tr>
<tr>
<td>Catecholamines</td>
<td>None &gt; NE</td>
<td>NE, DA</td>
</tr>
<tr>
<td>Multifocal</td>
<td>Common</td>
<td>Common</td>
</tr>
<tr>
<td>Malignant</td>
<td>Rare</td>
<td>Common</td>
</tr>
</tbody>
</table>

NE, norepinephrine; DA, dopamine.
penetrance of germ line SDHx mutations. Experienced genetic counseling is therefore recommended in patients with mediastinal PGLs, and strong consideration should be given to genetic screening of first-degree relatives.

PGLs associated with germ line SDHB mutations often produce norepinephrine and/or dopamine (Timmers et al. 2007). Although SDHD-associated PGLs are often non-functional if located in the head and neck, it may present with a noradrenergic biochemical phenotype (van Houtum et al. 2005). In seven out of the ten patients with mediastinal PGLs (four with SDHB and three with SDHD germ line mutations), excess norepinephrine and/or its metabolite normetanephrine was present, of which patient 9 had only borderline elevations. In two patients, excess dopamine was also found at presentation or follow-up. Our findings are consistent with other reports of SDHB-associated PGLs predominantly secreting norepinephrine (Timmers et al. 2007), yet three out of four SDHD-associated mediastinal PGLs also showed norepinephrine excess. Although dopamine has been reported to be associated with malignant disease (Eisenhofer et al. 2005), the two patients (cases 7 and 9) in our series with dopamine-producing PGLs presented with non-metastatic disease. We conclude that mediastinal PGLs tend to display a noradrenergic or dopaminergic biochemical phenotype, regardless of germ line SDHx mutation. Nevertheless, normal catecholamine production does not exclude mediastinal PGL.

Mediastinal PGLs typically occur in either the aortopulmonary window (in the region of the aortic arch) or in the posterior mediastinum (Drucker et al. 1987). The majority of patients in our series had tumor involvement in the posterior mediastinum (Fig. 1C and D). Nonspecific chest or back pain mimicking musculoskeletal pain was the most common presenting symptoms, found in six out of ten patients (Table 1), which may have contributed to delay in diagnosis as in patient 1. Pain as a presenting symptom has been reported in SDHB-related malignant PGLs (Timmers et al. 2007), and frequent malignant disease in our cohort probably contributed to the high prevalence of pain. At least half of our patients reported complaints related to catecholamine excess as well (Table 1).

Definitive therapy for PGLs remains surgical removal, with mediastinal location complicating factor. Since most mediastinal PGLs secrete catecholamines, we strongly recommend that all of these patients are treated with appropriate α-adrenergic blockade prior to surgical removal of the tumor (Pacak 2007). We also urge a high index of suspicion for the diagnosis of PGL when evaluating a paraspinal mass in the mediastinum, with biochemical screening and α-adrenergic blockade prior to attempting biopsies as well. No randomized trials have evaluated the efficacy of post-operative radiation, [131I]MIBG treatment, or chemotherapy for thoracic PGLs. Consequently, it is presently unknown whether post-operative treatments improve outcomes for unresectable tumors and metastatic disease, or whether adjuvant therapies prevent recurrence (Thines et al. 2006, Scholz et al. 2007). When therapy-associated morbidity and cost outweigh treatment benefits, the aggressive disease associated with mediastinal PGLs mandates careful surveillance, both for SDHB and SDHD-associated disease.

In conclusion, mediastinal PGLs are frequently associated with germ line SDHx mutations, norepinephrine or dopamine production, aggressive disease, and multifocal tumors. High metabolic activity is demonstrated in some cases (Fig. 1). Prior to any invasive procedures, biochemical screening and adequate α-adrenergic blockade is strongly recommended. All mediastinal PGLs should be screened for germ line SDHx mutations, regardless of age. Given the number of cases studied and limited follow-up in this series, more data are needed to determine the full spectrum of disease in patients with mediastinal PGLs and the best post-operative treatments for those with residual disease.

Declaration of interest
The authors declare no conflict of interest prejudicing the impartiality of the research.

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