Testicular vs adrenal sources of hydroxy-androgens in prostate cancer

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Abstract

Neoadjuvant androgen deprivation therapy (NADT) is one strategy for the treatment of early-stage prostate cancer; however, the long-term outcomes of NADT with radical prostatectomy including biochemical failure-free survival are not promising. One proposed mechanism is incomplete androgen ablation. In this study, we aimed to evaluate the efficiency of serum hydroxy-androgen suppression in patients with localized high-risk prostate cancer under NADT (leuprolide acetate plus abiraterone acetate and prednisone) and interrogate the primary sources of circulating hydroxy-androgens using our recently described stable isotope dilution liquid chromatography mass spectrometric method. For the first time, three androgen diols including 5-androstene-3β,17β-diol (5-adiol), 5α-androstane-3α,17β-diol (3α-adiol), 5α-androstane-3β,17β-diol (3β-adiol), the glucuronide or sulfate conjugate of 5-adiol and 3α-adiol were measured and observed to be dramatically reduced after NADT. By comparing patients that took leuprolide acetate alone vs leuprolide acetate plus abiraterone acetate and prednisone, we were able to distinguish the primary sources of these androgens and their conjugates as being of either testicular or adrenal in origin. We find that testosterone, 5α-dihydrotestosterone (DHT), 3α-adiol and 3β-adiol were predominately of testicular origin. By contrast, dehydroepiandrosterone (DHEA), epi-androsterone (epi-AST) and their conjugates, 5-adiol sulfate and glucuronide were predominately of adrenal origin. Our findings also show that NADT failed to completely suppress DHEA-sulfate levels and that two unappreciated sources of intratumoral androgens that were not suppressed by leuprolide acetate alone were 5-adiol-sulfate and epi-AST-sulfate of adrenal origin.
Introduction

Prostate cancer (CaP) is the most commonly diagnosed and the third leading cause of cancer death in males of the United States (Siegel et al. 2017). Since the findings of Huggins and Hodges showed that castration could alleviate the symptoms of patients with advanced or metastatic CaP, the disease is recognized as being androgen dependent (Huggins & Hodges 2002, Perlmutter & Lepor 2007, Shafi et al. 2013, Wong et al. 2014). In males, the production of potent androgens: testosterone and 5α-dihydrotestosterone (DHT) occurs from two sources, Fig. 1. One is the testis that can directly produce testosterone and another is the adrenal, which produces precursors (e.g. dehydroepiandrosterone, DHEA; dehydroepiandrosterone sulfate, DHEA-S) for the formation of testosterone and DHT in peripheral tissues such as the prostate (Gomella et al. 2010, Cai & Balk 2011, Rege et al. 2013, Penning 2014, Sanchez-Guijo et al. 2016). Thus, androgen deprivation therapy (ADT) focusing on the suppression of testosterone and DHT has become the primary treatment for localized high-risk or metastatic CaP (Perlmutter & Lepor 2007, Shafi et al. 2013).

Neoadjuvant androgen deprivation therapy (NADT) refers to ADT before patients undertake radical prostatectomy or radiation therapy (Kent & Hussain 2003). The aim of this approach is to downstage the malignant tumor, facilitate the complete surgical removal of the tumor and reduce the rate of cancer recurrence (Kent & Hussain 2003, Patel et al. 2016). NADT with radiotherapy has shown benefit in the improvement of clinical outcomes including progression-free survival and overall survival (Eom et al. 2014); however, the benefit of NADT followed by prostatectomy is still under investigation (Kent & Hussain 2003, Sonpavde et al. 2007). These early clinical trials used luteinizing hormone-releasing hormone agonists (LHRHa) or LHRHa in combination with antiandrogens (e.g. flutamide) to

![Figure 1](http://erc.endocrinology-journals.org)
achieve the maximum androgen blockade for 3 months of treatment prior to prostatectomy (Fair et al. 1999, Klotz et al. 1999, Meyer et al. 1999, Debruyne & Witjes 2000, Schulman et al. 2000, Aus et al. 2002, Soloway et al. 2002, Yee et al. 2010). Although these trials significantly reduced the positive surgical margin, there was no difference in biochemical failure-free or progression-free survival rate in comparison to surgery alone during a long-term follow-up. To acquire more information on the efficacy of ADT and help clinicians explore the reasons for unimproved biochemical failure-free survival, a systematic analysis of the androgen metabolome in patients with NADT is necessary. However, few clinical trials of NADT have conducted a complete analysis of the effect of the treatment on the androgen metabolome due to the lack of analytical methods (Mostaghel et al. 2014, Taplin et al. 2014, Cho et al. 2015).

Recently, an NADT clinical trial using leuprolide acetate plus abiraterone acetate (AA) and prednisone in patients with localized high-risk prostate cancer was performed (Taplin et al. 2014). Leuprolide acetate (an LHRH agonist; LHRHa) can suppress the production of androgens (mainly testosterone) in testis, and AA inhibits the activities of cytochrome P450 17α hydroxylase/17,20-lyase (P45017A1) to block the conversion of pregnenolone to DHEA in the adrenal gland, which is the major source of precursors for testosterone and DHT in prostate and peripheral tissues in the absence of a functional testis (Fig. 1) (Gomella 2009, Goel & De 2011, Rege et al. 2013). One of the primary purposes of this clinical trial was to investigate if AA in addition to LHRHa could more effectively suppress the production of androgens in tissues in comparison to LHRHa alone. Patients on this clinical trial had serum levels of the keto-androgens including testosterone, DHT, DHEA, DHEA conjugates (sulfate and glucuronide), androsterone (AST) and Δ4-androstenedione (Δ4-AD), etc. measured by stable isotope dilution liquid chromatography-tandem mass spectrometry (SID-LC–MS/MS) following the derivatization of their ketone groups as Girard-T oximes (Taplin et al. 2014). However, androgen diols (e.g. 5-androstene-3β,17β-diol, 5α-androstan-3α,17β-diol, 3α-androliol and 5α-androstane-3β,17β-diol, 3β-androliol) and their glucuronide or sulfate conjugates cannot be measured by this approach (Fig. 1). To make these measurements, we applied our recently reported SID-LC–MS/MS method coupled with picolinic acid derivatization to quantify nine hydroxy-androgens and their conjugates (glucuronide and sulfate) as picolinoyl esters in patients on this trial (Zang et al. 2017). Six of these androgens contain both a ketone group and hydroxyl group and can be called keto-androgens or hydroxy-androgens and can be determined by either Girard-T or picolinic acid derivatization (Tamae et al. 2013, Zang et al. 2017). By comparing patients that took leuprolide acetate alone vs leuprolide acetate plus AA and prednisone, we were able to distinguish the primary sources of these androgens and their conjugates as being of either testicular or adrenal in origin. Our findings also show that NADT failed to completely suppress DHEA-S levels and that 5α-andriol-S and epi-AST-S of adrenal origin could not be reduced by leuprolide treatment alone.

### Materials and methods

#### Serum from patients

Serum samples were collected from patients with localized high-risk CaP under a neoadjuvant randomized phase II trial of LHRHa (leuprolide acetate) plus AA with prednisone. Detailed information on this clinical trial (ClinicalTrials.gov Identifier: NCT00924469) has been reported elsewhere (Taplin et al. 2014). In brief, patients were randomly assigned into two groups. Patients in treatment group 1 (TX 1) received 12-week LHRHa followed by 12-week LHRHa plus AA and prednisone, and patients in treatment group 2 (TX 2) received a continuous 24-week LHRHa plus AA and prednisone treatment. Serum was collected at three time points (Day 1, Week 12 and Week 24). When 28 patients in each arm were compared, there were significant differences in serum androgen levels (Taplin et al. 2014). Based on the P values reported between the two groups, serum aliquots (250 µl) from 7 patients were selected randomly from each group as a convenience set and no preselection criteria were applied. Informed consent was obtained from all the patients. The trial was approved by institutional review boards at the enrollment sites. No patient enrollment occurred at the University of Pennsylvania where the studies were exempt from Human Subject IRB approval.

#### Materials for mass spectrometric analysis

Reagents were of ACS grade or higher (e.g. HPLC and Optima LC/MS) and were purchased from Thermo Fisher Scientific and used without further purification. Testosterone, epitestosterone (epi-T), DHEA, DHEA-S sodium salt, DHEA glucuronide (DHEA-G), AST, epi-AST, DHT, 5α-andriol, 3α-androliol and 3β-androliol were purchased from Steraloids (Wilton, NH, USA). [2,3,4-13C3]-T ([13C3]-T) and [2,3,4-13C3]-DHT
(\(1^{13}\text{C}_3\)-DHT) were from C/D/N Isotopes (Point-Claire, Quebec, Canada) and Cambridge Isotopes (Andover, MA, USA), respectively. \([2,3,4,1^{13}\text{C}_3]-3\alpha\text{-adiol}\) (\(1^{13}\text{C}_3\)-3\(\alpha\)-adiol) and \([2,3,4,1^{13}\text{C}_3]-3\beta\text{-adiol}\) (\(1^{13}\text{C}_3\)-3\(\beta\)-adiol) were synthesized by an enzymatic method according to our published procedure (Zang et al. 2017). 4-Dimethylaminopyridine (DAP) 2-methyl-6-nitrobenzoic anhydride (MNBA\(\text{n}\)), picolinic acid (PA), triethylamine (TEA), anhydrous tetrahydrofuran (THF), \(\beta\)-glucuronidase from \(E.\ coli\) and sulfate from \(Abalone\ entrails\) were from Sigma-Aldrich. Charcoal dextran stripped fetal bovine serum (CD-FBS) was from Atlanta Biologicals (Lawrenceville, GA, USA).

### Preparation of serum samples

Serum samples were treated as previously described (Zang et al. 2017). In brief, the internal standard (IS) mixture of \([1^{13}\text{C}_3]-\text{T}\), \([1^{13}\text{C}_3]\)-DHT, \([1^{13}\text{C}_3]-3\alpha\text{-adiol}\) and \([1^{13}\text{C}_3]-3\beta\text{-adiol}\) (100 pg each) was spiked into 200 \(\mu\)L of serum. The samples were extracted with 2 \(\mu\)L of diethyl ether, and the organic layer was separated and evaporated. The dried residue was derivatized with 100 \(\mu\)L of picolinic acid reagent (50 mg PA, 40 mg MNBA\(\text{n}\) and 20 mg DAP in 1 mL THF) and 40 \(\mu\)L of TEA for 90 min at room temperature. After reaction, the picolinoyl ester derivatives were diluted by adding 1% aqueous acetic acid (1 mL) and purified using Strata C18-E SPE column (50 mg/mL) (Phenomenex, Torrance, CA, USA). The samples were dried and stored at \(-20^\circ\text{C}\).

Enzymatic hydrolysis was carried out for the analysis of androgen conjugates including glucuronide and sulfate by following the same procedure as reported before PA derivatization (Zang et al. 2017).

### Calibration curves, quality control and mass spectrometric analysis

Calibration curves were prepared by a serial dilution of targeted androgen standard mixture in 200 \(\mu\)L of CD-FBS with a concentration range of 5–2500 pg/200 \(\mu\)L containing fixed amounts of ISs (100 pg each). Quality control (QC) samples were prepared with low, medium and high concentrations based on the range of the calibration curve from each targeted androgen. QC samples were analyzed along with serum samples. Androgen concentrations in serum were calculated based on the regression equations of calibration curves. Calibration curves were identical when performed in ethanol or CD-FBS indicating the absence of matrix effects and ion suppression. Precision and accuracy of the method varied by less than 20% of the coefficient of variation at the limit of quantitation (LOQ, data not shown).

A TSQ Quantum Ultra Triple Quadrupole mass spectrometer connected to Dionex UltiMate 3000 UHPLC system (Thermo Scientific) was employed for mass spectrometric analysis (Zang et al. 2017). The androgen picolinoyl derivatives were reconstituted in 100 \(\mu\)L of 60% acetonitrile in water (v/v) and 20 \(\mu\)L of the solution was injected to a Kinetex C18 column (100 mm×2.1 mm, 2.6 \(\mu\)m, 100 \(\AA\); Phenomenex). The column was eluted with 0.05% (v/v) formic acid in water (buffer A) and 0.05% (v/v) formic acid in acetonitrile/methanol (40:60, v/v; buffer B). The gradient followed 20% B for 1 min, 20–60% B for 5 min, 60% B for 20 min, 60–95% B for 15 min and 95% B for 5 min. Data were analyzed by Xcalibur 3.0.63 software (Thermo Scientific). Concentrations of the analytes were calculated using the IS ratio method.

### Statistical analysis

Concentrations of the targeted androgens were given as means with the ranges (Tables 1, 2 and 3). The comparison between TX 1 and TX 2 group at Week 12 was performed using Mann–Whitney \(U\) test in GraphPad Prism 6 (GraphPad Software) (Cho et al. 2015). \(P\) value less than 0.05 was considered as a statistically significant change.

### Results

Serum samples from seven patients in each group (TX 1 and TX 2) were included in this study. TX 1 is 12-week treatment of LHRHa followed by 12-week LHRHa plus AA and prednisone and TX 2 is 24-week treatment of LHRHa plus AA and prednisone. Androgen levels that decline after LHRHa treatment alone were considered of testicular origin, while androgen levels that decline only after LHRHa plus AA and prednisone treatment were considered to be of adrenal origin. The baseline characteristics and pathological outcomes from each patient were shown in Supplementary Table 1 (see section on supplementary data given at the end of this article). The representative LC–MS/MS chromatograms for nine hydroxy-androgens and four ISs as picolinoyl esters were shown in Supplementary Fig. 1.

### Analysis of serum unconjugated androgens

In TX 1 baseline (Day 1), levels of testosterone (335.7 ng/dL), DHT (33.2 ng/dL), AST (17.6 ng/dL) and
### Table 1 Serum levels of unconjugated androgens.

<table>
<thead>
<tr>
<th>Androgens, unconjugated</th>
<th>TX 1: 24-week LHRHa/12-week AA + Prednisone (n=7)</th>
<th>TX 2: 24-week LHRHa/24-week AA + Prednisone (n=7)</th>
<th>Mean serum value (ng/dL)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Day 1 (baseline)</td>
<td>Week 12</td>
<td>Week 24</td>
</tr>
<tr>
<td>T</td>
<td>335.7 (213.9–691.2)(^b)</td>
<td>11.2 (4.7–18.5)</td>
<td>&lt;1.0(^c)</td>
</tr>
<tr>
<td>Epi-T</td>
<td>&lt;1.0</td>
<td>&lt;1.0</td>
<td>&lt;1.0</td>
</tr>
<tr>
<td>DHEA</td>
<td>206.0 (125.6–391.6)</td>
<td>227.0 (176.7–330.2)</td>
<td>7.5 ((&lt;1.0)–43.0)</td>
</tr>
<tr>
<td>DHT</td>
<td>33.2 (18.7–71.1)</td>
<td>3.3 ((&lt;1.0)–10.4)</td>
<td>&lt;1.0</td>
</tr>
<tr>
<td>AST</td>
<td>17.6 (4.9–35.6)</td>
<td>8.6 (2.7–22.0)</td>
<td>&lt;1.0</td>
</tr>
<tr>
<td>Epi-AST</td>
<td>6.0 (2.5–15.9)</td>
<td>5.3 (2.5–17.0)</td>
<td>&lt;1.0</td>
</tr>
<tr>
<td>3α-Adiol</td>
<td>9.9 (3.3–22.3)</td>
<td>&lt;1.0</td>
<td>&lt;1.0</td>
</tr>
<tr>
<td>3β-Adiol</td>
<td>2.6 ((&lt;1.0)–4.2)</td>
<td>&lt;1.0</td>
<td>&lt;1.0</td>
</tr>
<tr>
<td>5-Adiol</td>
<td>100.1 (35.9–191.2)</td>
<td>44.2 (16.7–86.0)</td>
<td>&lt;1.0</td>
</tr>
</tbody>
</table>

\(^a\)P values were calculated by comparing serum androgen levels at Week 12 between TX1 and TX2. \(^b\)Range of serum levels from 7 patients in brackets. \(^c\)Androgen level in each sample was less than LOD (limit of detection: 1.0 ng/dL for unconjugated androgen). \(^d\)1.0 ng/dL (LOD) was used for the calculation of P values, when androgen levels were lower than LOD; and 2.5 ng/dL (LOQ) was used, when androgen levels were lower than LOQ.

3α-Adiol, 5α-androstane-3α,17β-diol; 3β-adiol, 5α-androstane-3β,17β-diol; 5-adiol, 5-androstene-3β,17β-diol; AA, abiraterone acetate; AST, androsterone; DHEA, dehydroepiandrosterone; DHT, 5x-dihydropyrostosterone; Epi-AST, epiandrosterone; Epi-T, epitestosterone; LHRHa, luteinizing hormone-releasing hormone agonist; T, testosterone; TX, treatment group; \(^c\)value is not available.

### Table 2 Serum levels of androgen glucuronides.

<table>
<thead>
<tr>
<th>Androgen glucuronide</th>
<th>TX 1: 24-week LHRHa/12-week AA + Prednisone (n=7)</th>
<th>TX 2: 24-week LHRHa/24-week AA + Prednisone (n=7)</th>
<th>Mean serum value (ng/dL)</th>
</tr>
</thead>
<tbody>
<tr>
<td></td>
<td>Day 1 (baseline)</td>
<td>Week 12</td>
<td>Week 24</td>
</tr>
<tr>
<td>T-G</td>
<td>99.8 (71.3–42.1)(^b)</td>
<td>19.7 (7.3–69.7)</td>
<td>&lt;2.6(^c)</td>
</tr>
<tr>
<td>Epi-T-G</td>
<td>&lt;2.6</td>
<td>&lt;2.6</td>
<td>&lt;2.6</td>
</tr>
<tr>
<td>DHEA-G</td>
<td>108.5 (45.0–188.1)</td>
<td>82.2 (31.9–224.5)</td>
<td>&lt;2.6</td>
</tr>
<tr>
<td>DHT-G</td>
<td>34.4 (15.3–68.8)</td>
<td>10.9 ((&lt;2.6)–27.8)</td>
<td>&lt;2.6</td>
</tr>
<tr>
<td>AST-G</td>
<td>2.5 x 10(^3) (1666.1–3156.8)</td>
<td>1.5 x 10(^3) (10435.5–2934.4)</td>
<td>18.4 ((&lt;2.6)–62.4)</td>
</tr>
<tr>
<td>Epi-AST-G</td>
<td>1.9 x 10(^3) (931.4–3105.9)</td>
<td>1.5 x 10(^3) (6142–3671.5)</td>
<td>81.1 (11.1–337.2)</td>
</tr>
<tr>
<td>3α-Adiol-G</td>
<td>422.3 (223.1–776.9)</td>
<td>87.7 (37.6–185.0)</td>
<td>&lt;2.6</td>
</tr>
<tr>
<td>3β-Adiol-G</td>
<td>–</td>
<td>–</td>
<td>–</td>
</tr>
<tr>
<td>5-Adiol-G</td>
<td>31.1 ((&lt;2.6)–54.6)</td>
<td>21.1 ((&lt;2.6)–35.3)</td>
<td>&lt;2.6</td>
</tr>
</tbody>
</table>

\(^a\)P values were calculated by comparing serum androgen levels at Week 12 between TX1 and TX2. \(^b\)Range of serum levels from 7 patients in brackets. \(^c\)Androgen glucuronide level in each sample was less than LOD (2.6 ng/dL for glucuronide conjugate). \(^d\)2.6 ng/dL was used for the calculation of P values, when androgen glucuronide levels were lower than LOD; and 6.4 ng/dL (LOQ) was used, when androgen glucuronide levels were lower than LOQ.

3α-Adiol, 5α-androstane-3α,17β-diol; 3β-adiol, 5α-androstane-3β,17β-diol; 5-adiol, 5-androstene-3β,17β-diol; AA, abiraterone acetate; AST, androsterone; DHEA, dehydroepiandrosterone; DHT, 5α-dihydropyrostosterone; Epi-AST, epiandrosterone; Epi-T, epitestosterone; G, glucuronide; LHRHa, luteinizing hormone-releasing hormone agonist; T, testosterone; TX, treatment group; \(^c\)value is not available.
Sources of hydroxy-androgens in CaP patients

**Table 1**

<table>
<thead>
<tr>
<th>Androgen Sulfate</th>
<th>TX 1: 24-week LHRHa/12-week AA + Prednisone (n=7)</th>
<th>TX 2: 24-week LHRHa/24-week AA + Prednisone (n=7)</th>
</tr>
</thead>
<tbody>
<tr>
<td><strong>Mean serum value (ng/dL)</strong></td>
<td><strong>P-value</strong></td>
<td><strong>Mean serum value (ng/dL)</strong></td>
</tr>
<tr>
<td>T-S</td>
<td>166 × 10^{-3}</td>
<td>&gt;0.05</td>
</tr>
<tr>
<td>DHEA-S</td>
<td>210 × 10^{-3}</td>
<td>&gt;0.05</td>
</tr>
<tr>
<td>DHT-S</td>
<td>510 × 10^{-9}</td>
<td>&gt;0.05</td>
</tr>
<tr>
<td>Epi-T-S</td>
<td>113 × 10^{-10}</td>
<td>&gt;0.05</td>
</tr>
<tr>
<td>3α-Adiol-S</td>
<td>113 × 10^{-10}</td>
<td>&gt;0.05</td>
</tr>
<tr>
<td>5α-Adiol-S</td>
<td>113 × 10^{-10}</td>
<td>&gt;0.05</td>
</tr>
</tbody>
</table>

**P-values were calculated by comparing serum androgen levels at Week 12 between TX 1 and TX 2.**

Comparison of TX 1 and TX 2 at Week 12 (Table 1) showed that levels of testosterone (<1.0ng/dL), DHEA (1.8 ng/dL), DHT (<1.0 ng/dL), AST (<1.0 ng/dL), epi-AST (<1.0 ng/dL) and 5-adiol (<1.0 ng/dL) in TX 2 were much lower than the levels achieved in TX 1 (P value <0.05). Epi-T, 3α-adiol and 3β-adiol were not detected (<1.0 ng/dL) in either group at Week 12 and were not compared.

**Analysis of serum androgen glucuronides**

In TX 1 baseline, serum levels of T-G (99.8 ng/dL), DHT-G (34.4 ng/dL), AST-G (2.5 × 10^{-3} ng/dL) and 3α-adiol-G (422.3 ng/dL) were decreased by 80, 68, 40 and 79% at Week 12, respectively by leuprolide treatment alone, **Table 2**. Addition of AA and prednisone decreased T-G, DHT-G and 3α-adiol-G to undetectable levels or reduced AST-G to 18.4 ng/dL resulting in a 99% decrease at Week 24. Serum levels of DHEA-G (108.5 ng/dL), epi-AST-G (1.9 × 10^{-4} ng/dL) and 5-adiol-G (31.1 ng/dL) were unchanged at Week 12 but were reduced to undetectable levels (DHEA-G and 5-adiol-G) or much lower levels (epi-AST-G: 81.1 ng/dL, a 96% decrease) at Week 24 after the addition of AA and prednisone to LHRHa. Epi-T-G was not detected. Levels of 3β-adiol-G were not quantified, because an undetermined compound co-eluting with 3β-adiol after glucuronidase digestion affected the quantitation of 3β-adiol-G, as reported before (Zang et al. 2017).
In TX 2 (Table 2), serum levels of DHEA-G, DHT-G, 3α-adiol-G and 5-adiol-G were observed to decrease to undetectable levels at both Week 12 and Week 24 when leuprolide, AA and prednisone were given in combination. T-G, AST-G and epi-AST-G were decreased to low levels (4.2, 13.6 and 55.0 ng/dL, respectively) at Week 12 and levels were not further changed at Week 24. Epi-T-G was only quantified in one patient in TX 2 at Day 1 and was not detected in the other patients. Levels of 3β-adiol-G were also not quantified for the reason described previously. The individual patient variation of androgen glucuronide levels was shown in Figs 2, 3 and Supplementary Figs 2, 3, 4, 5, 6.

Comparison of TX 1 and TX 2 at Week 12 (Table 2) showed that serum levels of T-G, DHEA-G, DHT-G, AST-G, epi-AST-G, 3α-adiol-G and 5-adiol-G were markedly reduced in TX 2 (P value <0.05). Glucuronide conjugates that were not detected (epi-T-G) or could not be quantified (3β-adiol-G) at Week 12 were not compared between two groups.

Analysis of serum androgen sulfates

In TX 1 baseline, no apparent change was observed for DHEA-S (166×10^3 ng/dL), epi-AST-S (4.0×10^3 ng/dL) and 5-adiol-S (13.6×10^3 ng/dL) at Week 12 by leuprolide treatment alone but a marked decrease of DHEA-S (3.1×10^3 ng/dL, a 98% decrease), epi-AST-S (undetectable level) and 5-adiol-S (undetectable level) was observed at Week 24 after the addition of AA and prednisone, Table 3.

In TX 2 (Table 3), a remarkable reduction of serum levels of DHEA-S (1.8×10^3 ng/dL and 1.9×10^3 ng/dL), epi-AST-S (undetectable level) and 5-adiol-S (undetectable level) at both Week 12 and Week 24 was observed. The individual patient variation of androgen sulfates is shown in Fig. 3 and Supplementary Figs 3, 5. For AST-S, only one patient in each group at baseline was quantified and also displayed a marked decrease to undetectable levels at Week 12 and Week 24. Levels of 3β-adiol-S were also not quantified for the reason described above. T-S, epi-T-S, DHT-S, AST-S and 3α-adiol-S were not detected in either treatment group.

Comparison of TX 1 and TX 2 at Week 12 showed that serum levels of DHEA-S, epi-AST-S and 5-adiol-S in TX 2 were decreased by 99% (DHEA-S) or to undetectable levels (epi-AST-S and 5-adiol-S) (P value <0.05). The other sulfate conjugates, which were not detected (T-S, epi-T-S, DHT-S, AST-S and 3α-adiol-S) or could not be quantified (3β-adiol-S) in both TX 1 and TX 2 at Week 12 were not compared.

Discussion

NADT is a treatment strategy for early-stage CaP (Kent & Hussain 2003, Gomella et al. 2010, Patel et al. 2016). Although NADT followed by radical prostatectomy
improved the pathological outcomes at positive surgical margins, serum PSA levels and seminal vesicle invasion etc., there was no improvement in biochemical failure-free survival rate (Patel et al. 2016). Since one of the main purposes of NADT is to reduce the levels of androgens, a systematic analysis of the androgen metabolome is essential in order to gain information on the efficacy of drug treatment and investigate the reasons of unimproved biochemical failure-free survival rates. Here, we used a newly developed SID-LC–MS/MS method to determine nine hydroxy-androgens and their conjugates (glucuronide and sulfate) in patients with localized high-risk CaP under a randomized phase II NADT (LHRHa plus AA and prednisone) trial (Taplin et al. 2014, Zang et al. 2017). Three androgen diols (3α-adiol, 3β-adiol and 5-adiol) as well as the conjugates (3α-adiol-G, 5-adiol-G and 5-adiol-S) were determined simultaneously in this assay, which was not reported before. In addition, etiocholanolone (a 5β-isomer of AST) picolinate can be separated from the picolinoyl esters of AST, epi-AST and DHT and does not influence the determination of AST, epi-AST and DHT (see HPLC chromatograms in Supplementary Fig. 8). The serum levels of T, DHEA, DHT and AST from 7 patients in each group are comparable to the levels measured in a previous analysis using another LC-ESI-MS/MS method coupled with Girard-T derivatization for keto-androgen quantification (Supplementary Tables 2 and 3), which indicates the reliability of the current method (Taplin et al. 2014).

AA is an inhibitor of P45017A1, which can prevent the production of androgens (e.g. DHEA) from the adrenal gland, and LHRHa suppresses the production of androgenic steroids (mainly testosterone) from testis (Fig. 1) (Gomella 2009, Goel & De 2011). As such, the addition of AA to LHRHa could provide an intensive ADT (Taplin et al. 2014). In this assay, the comparison between TX 1 and TX 2 after 12-week treatment demonstrates that serum levels of testosterone, T-G, DHEA, DHEA-G,
DHEA-S, DHT, DHT-G, AST, AST-G, epi-AST, epi-AST-G, epi-AST-S, 3α-adiol-G, 5-adiol, 5-adiol-G and 5-adiol-S can be further lowered by the administration of LHRHa plus AA and prednisone (Tables 1, 2 and 3).

Our study also distinguishes the primary sources of serum androgens and androgen conjugates in CaP patients as leuprolide targets testicular androgen biosynthesis and AA targets adrenal P45017A1 when given after leuprolide. It has been reported that testosterone, DHT, 3α-adiol and 3β-adiol are four androgenic steroids produced in testis in which testosterone is the most abundant androgen and the other three androgens are 1–10% of the amount of testosterone (Ruokonen et al. 1972, Tamm et al. 1987, Jarow & Zirkin 2005). The comparison between baseline and Week 12 in TX 1 showed that LHRHa alone remarkably reduced the serum levels of testosterone, DHT, 3α-adiol and 3β-adiol to either much lower or undetectable levels, which demonstrates that testis produces all four androgens and is the predominant source of these androgens in serum (Fig. 2 and Supplementary Figs 2, 6, 7). 5-Adiol is secreted from the adrenal gland and testis as a downstream metabolite of DHEA. By contrast, AST is secreted from both tissues as a product of the 17,20-lyase action of P45017A1 using 5α-pregnene precursors (Wieland et al. 1965, Ruokonen et al. 1972, Cai & Balk 2011, Nakamura et al. 2012). We find that serum 5-adiol and AST displayed a ~50% reduction in TX 1 at Week 12 and were reduced to undetectable levels at Week 24, which suggests that 5-adiol and AST are derived from both testis and the adrenal gland (Fig. 3, Table 1 and Supplementary Fig. 4). Serum DHEA and DHEA-S are predominantly formed in the adrenal gland (Abraham 1974, Turcu et al. 2014). Levels of DHEA and epi-AST were not changed at Week 12 in TX 1 but decreased to undetectable levels at Week 24 after the addition of AA and prednisone, which indicates that epi-AST is also predominately of adrenal origin (Supplementary Figs 3 and 5).

In humans, uridine diphosphoglucuronosyltransferase 2B (e.g. UGT 2B15/17) enzymes catalyze the conversion of unconjugated hydroxy-androgens to androgen glucuronides and are expressed in the liver, prostate, breast, testis and adrenal gland (Hum et al. 1999, Barbier et al. 2000, Nakamura et al. 2008). Based on our data (Table 2), serum levels of T-G, DHT-G and 3α-adiol-G in TX 1 at Week 12 displayed 80, 68 and 79% reduction in comparison to baseline, respectively, and were further reduced to undetectable levels at Week 24 after AA and prednisone addition, which indicates that the contributions to serum T-G, DHT-G and 3α-adiol-G could be from testis and the adrenal gland (Fig. 2 and Supplementary Figs 2, 6). AST-G was reduced by 40% at Week 12 in TX 1 and was further decreased to a much lower level at Week 24 (99% decrease), which suggests that serum AST-G is also derived from both testis and the adrenal gland (Supplementary Fig. 4). No apparent change was observed from DHEA-G, epi-AST-G and 5-aidol-G in TX 1 at Week 12 with LHRHa alone but they dramatically decreased after the addition of AA and prednisone, which implies that serum DHEA-G, Eip-AST-G and 5-adiol-G come mainly from the adrenal gland (Fig. 3 and Supplementary Figs 3, 5).

Comparison of serum testosterone, T-G, DHT and DHT-G showed that these levels were significantly different at Week 12 between the two treatment groups. This raises the issue of whether the residual testosterone and DHT come from the testis or the adrenal. LH-independent testis production of testosterone may not occur in the patients since the levels of serum testosterone in TX 1 at Week 12 were very similar to those achieved in patients who have undergone bilateral orchiectomy (Gomella 2009). By contrast, LC–MS/MS measurements of C19 steroids in the adrenal vein before and after ACTH stimulation showed elevated testosterone production (Rege et al. 2013).

For androgen sulfate conjugates (Table 3), serum levels of DHEA-S, epi-AST-S and 5-adiol-S at Week 12 in TX 1 did not display a distinct change in comparison to baseline but could be reduced to lower or undetectable levels at Week 24, which indicates that serum DHEA-S, epi-AST-S and 5-adiol-S are predominately produced in adrenal gland. Our studies also show that epi-AST-S and 5-adiol-S are unappreciated sources of intratumoral androgens in the absence of a P45017A1 inhibitor (Fig. 3 and Supplementary Figs 3, 5). These studies confirm that high levels of sulfotransferase exist in adrenal gland, which is consistent with previous reports on the expression of hydroxysteroid sulfotransferase (SULT 2A1) in the gland which catalyzes the formation of DHEA-S and 5-adiol-S (Lindsay et al. 2008, Rege et al. 2016).

During this NADT trial, although a large reduction was observed in serum androgens and their conjugates, a follow-up study reported that resistance to drug therapy still occurred early in these patients (Taplin et al. 2014). One proposed mechanism is that serum DHEA-S is retained at an adequate level for the conversion of potent androgens in prostatic tissue after ADT (Tamae et al. 2015). Based on the current data, serum levels of DHEA-S were still maintained at 3.1 × 10^6 or 1.9 × 10^4 ng/dL in TX 1 and TX 2 after 24 weeks, respectively (Table 3), which is three orders of magnitude higher than the other androgens and is consistent with the recent NADT study using LHRHa plus AA and prednisone (Cho et al. 2015). Thus, the current data support the role of serum DHEA-S as a reservoir for...
tissue androgen synthesis and the progression of CaP after ADT (Taplin et al. 2014, Cho et al. 2015, Tamae et al. 2015).

As serum DHEA-S, 5-adiol-S and epi-AST-S could be a depot for androgen synthesis after leuprolide treatment alone, steroid sulfatase inhibitors could be added to this regimen. As DHEA-S remains at a relatively high level compared to other androgens even after treatment with leuprolide plus AA and prednisone, a steroid sulfatase inhibitor could be added to this regimen as well. In addition, as shown in Fig. 1, AKR1C3 is a pivotal enzyme for the synthesis of androgens (5-adiol, testosterone, DHT and 3α-adiol) from DHEA, Δ⁴-AD, adione and AST in the adrenal and prostate (Nakamura et al. 2012, Penning 2014). Recent studies also show that AKR1C3 is a coactivator of the androgen receptor and the inhibition of AKR1C3 could overcome the resistance to both AA and enzalutamide, so AKR1C3 inhibitors (e.g. indomethacin) could be combined with LHRHa, AA/prednisone or antiandrogens to attain the optimal blockade of androgen signaling (Yepuru et al. 2013, Liu et al. 2015, 2017). Furthermore, type 1 3β-hydroxysteroid dehydrogenase (3BHS1D1) is a key enzyme that converts DHEA or 5-adiol to Δ⁴-AD and testosterone, respectively, in the prostate and other peripheral tissues (Martz 2013). Its isomerase mutant (N367T) is a gain-in-stability mutation and increases androgen biosynthesis in the prostate and may contribute to abiraterone drug resistance. Carriers of this mutation could be targeted for NADT using a 3BHS1D1 inhibitor (Chang et al. 2013, Li et al. 2015).

In summary, a newly developed LC-ESI-MS/MS method was applied to the systematic analysis of the androgen metabolome in CaP patients under an NADT clinical trial. The analysis demonstrates that LHRHa plus AA and prednisone can achieve more intense androgen suppression than LHRHa alone. In addition, the data help differentiate the primary sources of serum androgens and androgen conjugates in CaP patients. Furthermore, the data support the important role of serum DHEAS in CaP progression after ADT and identifies 5-adiol-S and epi-AST-S as adrenal androgens as important precursors for intraprostatic androgen biosynthesis. Our findings suggest that more intense NADT to improve the long-term outcomes might be achieved by combining other inhibitors to existing regimens, e.g. steroid sulfatase, AKR1C3 or 3BHS1D1 inhibitors.

### Supplementary data
This is linked to the online version of the paper at http://dx.doi.org/10.1530/ERC-17-0107.

### Declaration of interest

### Funding
This work was supported by a NCI Grant 1P01-CA16 3227-04 and P30-ES013508 awarded to T M P. The original COU-AA-201 study was supported by Janssen Research & Development.

### Author contribution statement

### Acknowledgements
The authors thank Jessica Murray in Prof. Trevor M Penning’s lab for her assistance in data analysis and thank Dominic Cicimaro in Prof. Ian A Blair’s lab for his assistance in mass spectrometry analysis.

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Sources of hydroxy-androgens in CaP patients

Received in final form 16 May 2017
Accepted 22 May 2017
Accepted Preprint published online 22 May 2017


